THE UROLOGY GROUP

www.urologygroupvirginia.com

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PELVIC FLOOR THERAPY FOR WOMEN

*** JULIE SPENCER DNP FNP-BC, CUNP**
Part of The Urology Group. Specializes in pelvic floor therapy for incontinence in women and men, pelvic pain in women.
www.virginiapelvicare.com
The Urology Group
19415 Deerfield Avenue, Suite 112
Leesburg, VA 20176
Phone: (703) 724-1195

CENTREVILLE PHYSICAL THERAPY
Specialization in pelvic pain in men and women. Call regarding insurance.
www.cptva.com
14631 Lee Hwy, Suite 310
Centerville, VA 20121
Phone: (703) 222-5903
Email: info@cptva.com

*** CORE HEALTH, PHYSICAL THERAPY FOR WOMEN**
Jennifer Small DPT,
Sandy Guilliano PT
Pelvic floor rehabilitation, obstetric and post partum physical therapy.
www.corehealthpt.com
20098 Ashbrook Place, Suite 190
Ashburn, VA 20147
Phone: (703) 283-3311

CLARE KALINA PT, OCS
Physical Therapy for female pelvic pain.
www.clarekalina.com
3289 Woodburn Road, Suite 325
Annandale, VA 22003
Phone: (703) 698-7100 ext 337

JENNIFER CHU MS PT
Specializes in men and women's pelvic health.
www.ITRehab.com
2nd Story of Grey Medical
4910 Mooreland Lane
Bethesda, MD 20184
Phone: (301) 770-7060
Email: info@itrehab.com

McLean Massage Center
www.mcleanmassage.com
1447 Dolly Madison Boulevard, Suite G2
McLean, VA 22101
Phone: (703) 442-3836
Email: info@mcleanmassage.com

*** SOPHIE GEISSLER**
Treats women's pelvic floor disorders. Office hours Tuesdays and Thursdays.
www.inova.org/healthcare-services/womens-health/gynecology/gynecologic-conditions/index.jsp
Fairfax Hospital
3300 Gallows Road
Falls Church, VA 22042
Phone: (703) 776-4199

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KAREN BALAC MPT
Manual physical therapy focusing on women's wellness by applying leading-edge techniques to manage incontinence and chronic pain.
www.karenbalacpt.com
20614 Hutton Circle
Leesburg, VA 20175
Phone: (703) 709-0074
Email: Karen@karenbalacpt.com

BIO MECHANIC PHYSICAL THERAPY
Lisa J Allen DPT
www.biomechanicphysicaltherapy.com
19441 Golf Vista Plaza, Suite 340
Leesburg, VA 20176
Phone: (703) 723-7726
Email:
info@biomechanicphysicaltherapy.com

BODY CONNECT PHYSICAL THERAPY
Ann Udofia DPT,
Marisa Alonso MSPT
Physical therapy including Myofascial Release.
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Washington, DC 20037
Phone: (202) 733-1929
Email: ann@bodyconnectpt.com

TAVO TOTAL HEALTH
Health and wellness services, including Myofascial Release.
Tavotototalhealth.com
4701 Willard Ave #1603
Chevy Chase, MD
Phone: (301) 652-2522
Email: info@tavohealth.com

Insurance

- * indicates “In network providers” and will accept most insurance.
- All other providers are “Out of network providers” and insurance claims must be submitted by the patient.
- If you are a Medicare patient, please check with the therapist’s for coverage information.

What to bring the day of your appointment?

- Some providers require referrals. If one is needed and you have not already received one, please let us know and a referral can be faxed or mailed to the appropriate place.
- Bring the copy of your last Urology office visit and “Fluid Diary”. This information will be helpful to plan your therapy.