

# Peripheral Nerve Evaluation (PNE)

A Peripheral Nerve Evaluation (PNE) is a test that can help to determine the cause of your symptoms of overactive bladder, including urinary urge incontinence (leakage), and significant symptoms of frequent or urgent urination as well as non-obstructive retention. This test is an option if you have failed or could not tolerate conservative treatments such as behavioral therapy, diet modification, and anticholinergic drugs.

The purpose of the PNE is to evaluate whether gentle, comfortable stimulation of the nerves that control the bladder will relieve your overactive bladder symptoms.

This method of treating OAB has been FDA approved for over 13 years and is successful in approximately 75% of patients.

Here is what to expect during your PNE:

- The doctor will numb your skin so you are comfortable
- A needle will be placed in the numb area under your skin and the doctor will ask if you feel a tapping or tingling sensation
- The needle will be replaced with a hair thin wire and secured with tape
- You will need to keep the tape on and dry for about 5 days
- During this time you will wear a test stimulator which clips on your belt
- A voiding diary must be kept to keep track of your symptoms
- You should not have any pain or discomfort and there should be no side effects

The PNE is a temporary test and at the end of the evaluation period you and your doctor can determine if the test was successful and if a permanent version of the PNE is right for you.

