

# THE UROLOGY GROUP

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## RECURRENT URINARY TRACT INFECTION IN WOMEN

Name \_\_\_\_\_ Date of birth \_\_\_\_\_ Age \_\_\_\_\_ Date of visit \_\_\_\_\_

Number of pregnancies \_\_\_\_\_ Vaginal births \_\_\_\_\_ C-sections \_\_\_\_\_

Menopause status (circle): Premenopause Undergoing menopause Postmenopause

How many infections have you had in the last 6 months? \_\_\_\_\_ In the last 12 months? \_\_\_\_\_

Culture proven? Bacteria \_\_\_\_\_ If not, how diagnosed? (dipstick, symptoms) \_\_\_\_\_

Date of last antibiotic use \_\_\_\_\_ Antibiotic \_\_\_\_\_ Number of days \_\_\_\_\_

Do you leak urine? \_\_\_\_\_ With cough/sneeze? \_\_\_\_\_ When you don't get to the bathroom in  
time? \_\_\_\_\_

Ever been diagnosed with a bulge (drop) of the bladder (cystocele)? \_\_\_\_\_

History of bladder or pelvic surgery? \_\_\_\_\_ Type of surgery \_\_\_\_\_ Date \_\_\_\_\_

History of kidney stones? \_\_\_\_\_ Number of stones passed \_\_\_\_\_ Stone surgery (what, when) \_\_\_\_\_

Have you ever been sexually active? \_\_\_\_\_ Sexually active in the last 12 months? \_\_\_\_\_

Have you had a new partner in the last year? \_\_\_\_\_ Do infections happen after sex? \_\_\_\_\_

Pain with intercourse? \_\_\_\_\_ Vaginal dryness? \_\_\_\_\_

Do you use (circle): Spermicides Condoms with spermicide Condoms Cervical cap Diaphragm

Prior evaluation: Doctor, date \_\_\_\_\_ Circle: Ultrasound CT scan Xray Cystoscopy (look in bladder)

Past treatments (circle): Cranberry Estrogen cream Prophylactic antibiotic Self-start antibiotic

Post intercourse antibiotic Methanamine (Urabe!) Vitamin C

Is there family history of recurrent urinary tract infection? \_\_\_\_\_ Who? \_\_\_\_\_

Office use: Post void residual \_\_\_\_\_ cc Urine dipstick: SG \_\_\_\_\_ pH \_\_\_\_\_ LE Nitrite Blood Prnt Bill

Written by: Jennifer L Young MD, The Urology Group. Copyright 2012. Do not duplicate without permission.

Reference: Hickling DR and Nitti V. Recurrent Urinary Tract Infections in Healthy Premenopausal and Postmenopausal Woman. American Urological Association Update Series, Volume 31, Lesson 10. (©2012 American Urological Association, Education and Research Inc., Linthicum, MD. www.auanet.org)