THE UROLOGY GROUP

www.urologygroupvirginia.com

Walter O'Brien, Kevin O'Connor, Nicholas Lailas,
Gregory Schenk, Jennifer Young, Chuck Pruna, Christopher Starks
Julie Spencer, Kristin Tamburro, Kathleen Cage, Mari Parker

1860 Town Center Drive · Suite 150 · Reston, VA 20190 · 703-480-0220
19415 Deerfield Avenue · Suite 112 · Leesburg, VA 20176 · 703-724-1195
224-D Cornwall Street, NW · Suite 400 · Leesburg, VA 20176 · 703-443-6733

PREOPERATIVE INSTRUCTIONS FOR CHILDREN

NAME: _____

DATE OF PROCEDURE: _____ **TIME**: _____

REPORT TO OUTPATIENT SERVICES AT: _____

PROCEDURE: _____

SURGEON: _____

Preoperative Testing

Preoperative testing (blood work, radiology studies) may be **required** for medical procedures at the hospital. Please register on the websites as listed below. The preoperative department will contact you if you need preoperative testing.

Medical Clearance

Let us know if your child has heart problems, lung disease or any major surgeries. You may require a Medical Clearance with your primary care provider.

Medications

Do not take **aspirin** or **ibuprofen** (**Ibuprofen, Advil, Aleve, Nuprin, Motrin, Naprosyn**, etc.) for at least **one week** prior to procedure. You may take Tylenol (acetaminophen).
Stop multivitimins, Vitamin E, supplements and herbal medications one week prior to surgery.

Prescribed medications for asthma or heart conditions should be taken prior to your procedure. Bring all other medications, including diabetic medications, with you the day of surgery to be taken after your child's procedure.

Diet

Do not eat or drink anything (including water) after 12:00 midnight prior to surgery. This includes water, gum and candy. Medications for asthma or heart conditions or high blood pressure should be taken with a tiny sip of water.

Radiology

Please bring a film or CD with your most recent radiology imaging (KUB x-ray or CT scan) if you are scheduled for shock wave lithotripsy (ESWL) for kidney stones or if instructed by your physician.

Clothing

Please have your child wear comfortable, loose fitting clothing the day of surgery. Leave jewelry and valuables at home.

Transportation

A responsible **adult (18 years of age and older**) will need to provide transportation after the procedure. Surgical facilities **do not** permit patients to take taxis or any other public transportation after procedures.

Insurance

Please contact your insurance company directly for any questions regarding coverage or payment. Our office will obtain preauthorization from your insurance company; however, **preauthorization is not a guarantee of coverage or payment. It is your responsibility to determine if you have coverage.**

Locations

Inova Loudoun Hospital Center
44055 Riverside Parkway
Leesburg, VA 20176
Preoperative Department
Phone: (703) 858-6768
www.inova.org

Reston Hospital Center
1850 Town Center Parkway
Reston, VA 20190
Preoperative Department
Phone: (703) 689-9005
www.restonhospital.com

Inova Loudoun Ambulatory Surgery Center
44035 Riverside Parkway, Suite 200
Leesburg, VA 20176
Phone: (571) 209-6465
www.loudounsc.com
Please register on the website

Reston Surgical Center
1860 Town Center Drive, Suite G 100
Reston, VA 20190
Phone: (703) 639-3100
www.restonsurgerycenter.com
Please register on the website