ORGHIOPEXY/HYDROCELE/HERNIA REPAIR - PEDIATRIC POSTOPERATIVE INSTRUCTIONS

Activity

Your child may take part in quiet activities. More vigorous activities such as bike riding or swimming should be discouraged for one week.

Dressing care

If there is a gauze dressing over the incision, leave it in place for 48-72 hours. Try not to get the incision wet for three days. Your child will have absorbable stitches.

Medication

You may get a prescription for Tylenol with codeine elixir. Make sure you understand the instructions before you are discharged.

Diet

Your child’s stomach may be upset from the anesthesia. Give your child foods as he can tolerate them. First, offer clear liquids (ice chips, popsicles, 7-up, Jell-O). Next, offer foods that are easy to digest like crackers or dry toast. A regular diet is usually tolerated the day after surgery. If any point your child has nausea or vomiting, then start back with clear liquids.

Call the office if...

- Your child has persistent vomiting
- Incision becomes red, warm, or swollen
- Pus like drainage seeps from incision
- Increased swelling of scrotum or testicle
- Bleeding more than slight spotting
- Temperature over 101° F

If these symptoms occur after office hours, the provider on call may be reached by calling the office number.