

# THE UROLOGY GROUP

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Walter O'Brien, Kevin O'Connor, Nicholas Lailas,  
Gregory Schenk, Jennifer Young, Chuck Pruna, Christopher Starks  
Julie Spencer, Kristin Tamburro, Kathleen Cage, Mari Parker

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1860 Town Center Drive • Suite 150 • Reston, VA 20190 • 703-480-0220  
19415 Deerfield Avenue • Suite 112 • Leesburg, VA 20176 • 703-724-1195  
224-D Cornwall Street, NW • Suite 400 • Leesburg, VA 20176 • 703-443-6733

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## **ORCHIOPEXY/HYDROCELE/HERNIA REPAIR - PEDIATRIC POSTOPERATIVE INSTRUCTIONS**

### **Activity**

Your child may take part in quiet activities. More vigorous activities such as bike riding or swimming should be discouraged for one week.

### **Dressing care**

If there is a gauze dressing over the incision, leave it in place for 48-72 hours.  
Try not to get the incision wet for three days.  
Your child will have absorbable stitches.

### **Medication**

You may get a prescription for Tylenol with codeine elixir. Make sure you understand the instructions before you are discharged.

### **Diet**

Your child's stomach may be upset from the anesthesia. Give your child foods as he can tolerate them. First, offer clear liquids (ice chips, popsicles, 7-up, Jell-O). Next, offer foods that are easy to digest like crackers or dry toast. A regular diet is usually tolerated the day after surgery. If any point your child has nausea or vomiting, then start back with clear liquids.

### **Call the office if...**

- Your child has persistent vomiting
- Incision becomes red, warm, or swollen
- Pus like drainage seeps from incision
- Increased swelling of scrotum or testicle
- Bleeding more than slight spotting
- Temperature over 101° F

If these symptoms occur after office hours, the provider on call may be reached by calling the office number.