

THE UROLOGY GROUP

www.urologygroupvirginia.com

Walter O'Brien, Kevin O'Connor, Nicholas Lailas,
Gregory Schenk, Jennifer Young, Chuck Pruna, Christopher Starks
Julie Spencer, Kristin Tamburro, Kathleen Cage, Mari Parker

1860 Town Center Drive • Suite 150 • Reston, VA 20190 • 703-480-0220
19415 Deerfield Avenue • Suite 112 • Leesburg, VA 20176 • 703-724-1195
224-D Cornwall Street, NW • Suite 400 • Leesburg, VA 20176 • 703-443-6733

PELVIC FLOOR THERAPY FOR MEN

JENNIFER CHUMS PT

Specializes in men and women's
pelvic health

www.ITRehab.com

2nd Story of Grey Medical

4910 Mooreland Lane

Bethesda, MD 20184

Phone: (301) 770-7060

Email: info@itrehab.com

CENTREVILLE PHYSICAL THERAPY

Specializes in pelvic pain in men and
women Call regarding insurance.

(Accepting BCBS only)

www.cptva.com

14631 Lee Hwy, Suite 310

Centerville, VA 20121

Phone: (703) 222-5903

Email: info@cptva.com

INOVA ALEXANDRIA HOSPITAL

4320 Seminary Road

Alexandria, VA 22304

Phone: (703) 504-3541

Email: srilekha.palle@inova.org

OPTIMUM PHYSICAL THERAPY

224-D Cornwall Street, NW

Suite 200

Leesburg, VA 20176

(703)443-2223

205 East Hirst Road

Suite 201

Purcellville, VA 20132

(504)751-4455

BODY CONNECT PHYSICAL THERAPY

Ann Udofia DPT,

Marisa Alonso MS PT

Physical therapy including

Myofascial Release

www.bodyconnectpt.com

2440 M Street NW, Suite 318

(between N 24th St & N 25th St)

Washington, DC 20037

Phone: (202) 733-1929

Email: ann@bodyconnectpt.com

TAVO TOTAL HEALTH

Health and wellness services,
including Myofascial Release

Tavototalhealth.com

4701 Willard Ave #1603

Chevy Chase, MD Phone:

(301) 652-2522

Email: info@tavohealth.com

*** JULIE SPENCER DNP, FNP-BC, CUNP**

Specializes in pelvic floor therapy
for incontinence in males and
females, pelvic pain in women only

www.virginiapelvicare.com

The Urology Group

19415 Deerfield Avenue, Suite 112

Leesburg, VA 20176

Phone: (703) 724-1195

Insurance

- * Indicates "In network providers" and will accept most insurance.
- All other providers are "Out of network providers" and insurance claims must be submitted by the patient.
- If you are a Medicare patient, please check with the therapist's for coverage information.

What to bring the day of your appointment?

- Some providers require referrals. If one is needed and you have not already received one, please let us know and a referral can be faxed or mailed to the appropriate place.
- Bring the copy of your last Urology office visit and "Fluid Diary". This information will be helpful to plan your therapy.