

THE UROLOGY GROUP

www.urologygroupvirginia.com

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EXTRACORPOREAL SHOCKWAVE LITHOTRIPSY PREOPERATIVE INSTRUCTIONS

NAME: _____

DATE OF PROCEDURE: _____ TIME: _____

REPORT TO OUTPATIENT SERVICES AT: _____

SURGEON: _____

The time of your procedure may be subject to change depending on the facility. If your scheduled time changes, the facility will contact you and let you know what your new time is and when to arrive.

1. If you were instructed to obtain blood work, EKG, chest x-ray or medical or cardiac clearance, please contact your primary care provider to make arrangements.
2. **DO NOT TAKE** aspirin or aspirin-like compounds for 7 days prior to the procedure. This includes Advil, Nuprin, Motrin, ibuprofen, Bufferin, or Anacin. **DO NOT TAKE** Vitamin E, multivitamin or fish oil 7 days prior to surgery. These are all blood thinners. **YOU MAY TAKE TYLENOL.**
3. If you are on any blood thinners such as Coumadin/warfarin or if you are diabetic, please notify the surgery scheduler.
4. Follow a clear liquid diet for dinner the day before the procedure.
5. **DO NOT** eat or drink anything after 12:00 midnight the night before the surgery.
6. A responsible adult will need to provide transportation after your procedure. It is highly recommended that they stay with you after discharge for the rest of the day.
7. Our office will obtain any necessary preauthorization from your insurance company. If you have questions regarding coverage/payment, please request the CPT procedure code from our office and call your insurance company.

Reston Surgical Center

1860 Town Center Drive, Suite G100
Reston, VA 20190
Pre-op Dept: (703) 639-3100
Please register on the website:
www.restonsurgerycenter.com

Reston Hospital Center

1850 Town Center Parkway
Reston, VA 20190
Pre-op Dept: (703) 689-9005
www.restonhospital.com

Inova Loudoun Ambulatory Surgery Center

44035 Riverside Pkwy, Suite 200
Lansdowne, VA 20176
Pre-op Dept: (571) 209-6465
Please register on the website:
www.loudounsc.com