

THE UROLOGY GROUP

www.urologygroupvirginia.com

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RADICAL PROSTATECTOMY PREOPERATIVE INSTRUCTIONS

PATIENT: _____

DATE OF PROCEDURE: _____ TIME: _____

REPORT TO OUTPATIENT SERVICES AT: _____

SURGEON: _____

The time of your procedure may be subject to change depending on the facility. If your scheduled time changes, the facility will contact you and let you know what your new time is and when to arrive.

1. If you were instructed to obtain blood work, EKG, chest x-ray or medical or cardiac clearance, please contact your primary care provider to make arrangements.
2. **DO NOT** take any aspirin or aspirin-like compounds for seven (7) days prior to surgery. This includes Advil, Nuprin, Motrin, Bufferin, or Anacin. **DO NOT TAKE** Vitamin E, multivitamin or fish oil seven (7) days prior to the procedure as well. These are all blood thinners. **YOU MAY TAKE TYLENOL.**
3. If you are on any blood thinners such as Coumadin/warfarin or if you are diabetic, please notify the surgical scheduler.
4. Have a light breakfast and a light lunch the day before surgery. Have clear liquids starting at 2:00 pm the day before surgery. Drink plenty of fluids.
5. To cleanse the bowel in preparation for surgery, take ½ bottle of magnesium citrate at 3:00 p.m. the day before surgery. Take the other half about three hours later.
6. You should take a plain Fleet's enema 2-3 hours before arrival to the hospital. A Fleet's enema may be obtained over-the-counter in any drug store or grocery store and is accompanied with instructions for use.
7. **DO NOT** eat or drink anything after midnight prior to surgery.
8. Our office will obtain any necessary preauthorization from your insurance company. If you have questions regarding coverage/payment, please request the CPT procedure code from our office and call your insurance company.

Inova Loudoun Hospital
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