

THE UROLOGY GROUP

www.urologygroupvirginia.com

1860 Town Center Drive • Suite 150/160 • Reston, VA 20190 • 703-480-0220
19415 Deerfield Avenue • Suite 112 • Leesburg, VA 20176 • 703-724-1195
224-D Cornwall Street, NW • Suite 400 • Leesburg, VA 20176 • 703-443-6733
24430 Stone Springs Blvd • Ste 100 • Dulles • VA 20166

PELVIC FLOOR THERAPY FOR MEN

JENNIFER CHUMS PT

Specializes in men and women's pelvic health

www.ITRehab.com

2nd Story of Grey Medical
4910 Mooreland Lane
Bethesda, MD 20184
Phone: (301) 770-7060
Email: info@itrehab.com

CENTREVILLE PHYSICAL THERAPY

Specializes in pelvic pain in men and women Call regarding insurance.

(Accepting BCBS only)

www.cptva.com

14631 Lee Hwy, Suite 310
Centerville, VA 20121
Phone: (703) 222-5903
Email: info@cptva.com

INOVA ALEXANDRIA HOSPITAL

4320 Seminary Road
Alexandria, VA 22304
Phone: (703) 504-3541
Email: srilekha.palle@inova.org

OPTIMUM PHYSICAL THERAPY

224-D Cornwall Street, NW
Suite 200
Leesburg, VA 20176
(703)443-2223
205 East Hirst Road
Suite 201
Purcellville, VA 20132
(504)751-4455

BODY CONNECT PHYSICAL THERAPY

**Ann Udofia DPT,
Marisa Alonso MS PT**

Physical therapy including
Myofascial Release
www.bodyconnectpt.com
2440 M Street NW, Suite 318
(between N 24th St & N 25th St)
Washington, DC 20037
Phone: (202) 733-1929
Email: ann@bodyconnectpt.com

TAVO TOTAL HEALTH

Health and wellness services,
including Myofascial Release
Tavototalhealth.com
4701 Willard Ave #1603
Chevy Chase, MD Phone:
(301) 652-2522
Email: info@tavohealth.com

*** JULIE SPENCER DNP, FNP-BC, CUNP**

Specializes in pelvic floor therapy
for incontinence in males and
females, pelvic pain in women only
www.virginiapelvicare.com
The Urology Group
19415 Deerfield Avenue, Suite 112
Leesburg, VA 20176
Phone: (703) 724-1195

Insurance

- * Indicates "In network providers" and will accept most insurance.
- All other providers are "Out of network providers" and insurance claims must be submitted by the patient.
- If you are a Medicare patient, please check with the therapist's for coverage information.

What to bring the day of your appointment?

- Some providers require referrals. If one is needed and you have not already received one, please let us know and a referral can be faxed or mailed to the appropriate place.
- Bring the copy of your last Urology office visit and "Fluid Diary". This information will be helpful to plan your therapy.