

THE UROLOGY GROUP

www.urologygroupvirginia.com

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19415 Deerfield Avenue · Suite 112 · Leesburg, VA 20176 · 703-724-1195
224-D Cornwall Street, NW · Suite 400 · Leesburg, VA 20176 · 703-443-6733
24430 Stone Springs Blvd · Ste 100 · Dulles · VA 20166

PELVIC FLOOR THERAPY FOR WOMEN

* JULIE SPENCER DNP FNP-BC, CUNP

Part of The Urology Group. Specializes in pelvic floor therapy for incontinence in women and men, pelvic pain in women.
www.virginiapelvicare.com
The Urology Group
19415 Deerfield Avenue, Suite 112
Leesburg, VA 20176
Phone: (703) 724-1195

CENTREVILLE PHYSICAL THERAPY

Specialization in pelvic pain in men and women. Call regarding insurance.
www.cptva.com
14631 Lee Hwy, Suite 310
Centerville, VA 20121
Phone: (703) 222-5903
Email: info@cptva.com

* CORE HEALTH, PHYSICAL THERAPY FOR WOMEN

Jennifer Small DPT,
Sandy Guilliano PT
Pelvic floor rehabilitation, obstetric and post partum physical therapy.
www.corehealthpt.com
20098 Ashbrook Place, Suite 190
Ashburn, VA 20147
Phone: (703) 283-3311

CLARE KALINA PT, OCS

Physical Therapy for female pelvic pain.
www.clarekalina.com
3289 Woodburn Road, Suite 325
Annandale, VA 22003
Phone: (703) 698-7100 ext 337

JENNIFER CHU MS PT

Specializes in men and women's pelvic health.
www.ITRehab.com
2nd Story of Grey Medical
4910 Mooreland Lane
Bethesda, MD 20184
Phone: (301) 770-7060
Email: info@itrehab.com

McLean Massage Center
www.mcleanmassage.com
1447 Dolly Madison Boulevard, Suite G2
McLean, VA 22101
Phone: (703) 442-3836
Email: info@mcleanmassage.com

* SOPHIE GEISSLER

Treats women's pelvic floor disorders. Office hours Tuesdays and Thursdays.
www.inova.org/healthcare-services/womens-health/gynecology/gynecologic-conditions/index.jsp
Fairfax Hospital
3300 Gallows Road
Falls Church, VA 22042
Phone: (703) 776-4199

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KAREN BALAC MPT

Manual physical therapy focusing on women's wellness by applying leading-edge techniques to manage incontinence and chronic pain.

www.karenbalacpt.com

20614 Hutton Circle

Leesburg, VA 20175

Phone: (703) 709-0074

Email: Karen@karenbalacpt.com

BIO MECHANIC PHYSICAL THERAPY**Lisa J Allen DPT**

www.biomechanicphysicaltherapy.com

19441 Golf Vista Plaza, Suite 340

Leesburg, VA 20176

Phone: (703) 723-7726

Email:

info@biomechanicphysicaltherapy.com

BODY CONNECT PHYSICAL THERAPY**Ann Udofia DPT,****Marisa Alonso MSPT**

Physical therapy including Myofascial Release.

www.bodyconnectpt.com

2440 M Street NW, Ste 318

Washington, DC 20037

Phone: (202) 733-1929

Email: ann@bodyconnectpt.com

TAVO TOTAL HEALTH

Health and wellness services, including Myofascial Release.

Tavototalhealth.com

4701 Willard Ave #1603

Chevy Chase, MD

Phone: (301) 652-2522

Email: info@tavohealth.com

Insurance

- * indicates "In network providers" and will accept most insurance.
- All other providers are "Out of network providers" and insurance claims must be submitted by the patient.
- If you are a Medicare patient, please check with the therapist's for coverage information.

What to bring the day of your appointment?

- Some providers require referrals. If one is needed and you have not already received one, please let us know and a referral can be faxed or mailed to the appropriate place.
- Bring the copy of your last Urology office visit and "Fluid Diary". This information will be helpful to plan your therapy.