

# THE UROLOGY GROUP

www.urologygroupvirginia.com

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## PROSTATE SEED PREOPERATIVE INSTRUCTIONS

Please schedule your preoperative history and physical with your primary care doctor as soon as possible.

This procedure will be performed under general anesthesia and the following is required:

- CBC
- CMP
- EKG

Do not take aspirin, aspirin-containing products or NSAIDS such as motrin, ibuprofen or Aleve for 5 days prior to surgery. If you take anti-coagulants, please consult with the prescribing doctor for instructions.

Prednisone will be prescribed to begin one day prior to the procedure.

Flomax will be prescribed to begin one week prior to surgery.

### **Preoperative instructions:**

A bowel prep is required the day before the procedure.

Start a clear liquid diet at 4:00pm the day before the procedure and drink one bottle of magnesium citrate at that time.

At 8:00pm the evening before the procedure, take a Fleet's enema.

Take another Fleet's enema on the day of the procedure, 4 hours prior.

Do not have anything to eat or drink after midnight the day before your procedure.

Medications can be taken with sips of water only.

You may not drive or take a taxi following your procedure. Please arrange for a reliable driver or care giver to take you home following surgery.

### **Reston Surgical Center**

1860 Town Center Drive, Suite G100  
Reston, VA 20190  
Pre-op Dept: (703) 639-3100  
Please register on the website:  
[www.restonsurgicalcenter.com](http://www.restonsurgicalcenter.com)

### **Inova Loudoun Hospital**

44055 Riverside Parkway  
Leesburg, VA 20176  
Pre-op Dept: (703) 858-6768