

THE UROLOGY GROUP

www.urologygroupvirginia.com

1860 Town Center Drive • Suite 150/160 • Reston, VA 20190 • 703-480-0220
19415 Deerfield Avenue • Suite 112 • Leesburg, VA 20176 • 703-724-1195
224-D Cornwall Street, NW • Suite 400 • Leesburg, VA 20176 • 703-443-6733 24430
Stone Springs Blvd • Ste 100 • Dulles • VA 20166 • 571-349-4600 (pre-op dept)

RADICAL CYSTECTOMY (BLADDER REMOVAL) PREOPERATIVE INSTRUCTIONS

NAME: _____

DATE OF PROCEDURE: _____ TIME: _____

REPORT TO OUTPATIENT SERVICES AT: _____

SURGEON: _____

The time of your procedure may be subject to change depending on the facility. If your scheduled time changes, the facility will contact you and let you know what your new time is and when to arrive.

1. If you were instructed to obtain blood work, EKG, chest x-ray or medical or cardiac clearance, please contact your primary care provider to make arrangements.
2. **DO NOT** take any aspirin or aspirin-like compounds for seven (7) days prior to surgery. This includes Advil, Motrin, Bufferin, Ibuprofen, Aleve, Excedrin, or Anacin. **DO NOT TAKE** Vitamin E, multivitamin or fish oil seven (7) days prior to surgery. These are all blood thinners. **YOU MAY TAKE TYLENOL.**
3. If you are on any blood thinners such as Coumadin (warfarin), Plavix, Xaralto etc, or if you are diabetic, please notify the surgical scheduler.
4. Have clear liquids the day before surgery.
5. To cleanse the bowel in preparation for surgery, drink ½ bottle of magnesium citrate the day before the procedure at 3:00 pm. Drink the other half three hours later. You can purchase this over-the-counter at any drug store.
6. You should take a plain Fleet's enema 2-3 hours before arrival to the hospital. A Fleet's enema may be obtained over-the-counter in any drug store and is accompanied with instructions for use.
7. **DO NOT** eat or drink anything after 12:00 midnight the night prior to surgery.
8. Our office will obtain any necessary preauthorization from your insurance company. If you have questions regarding coverage/payment, please request the CPT procedure code from our office and call your insurance company.

Inova Loudoun Hospital
44055 Riverside Parkway
Leesburg, VA 20176
Pre-op Dept: (703) 858-6768
www.inova.org

Reston Hospital Center
1850 Town Center Parkway
Reston, VA 20190
Pre-op Dept: (703) 689-9005
www.restonhospital.com

StoneSprings Hospital Center
24440 Stone Springs Blvd
Dulles, VA 20166
Pre-op Dept: (571) 349-4600